



2025 - 2026 Season Class Schedule

For pricing and online registration, visit www.josfootworkstudio.com

SHINING STARS + PRESCHOOL (AGE 3 & 4 & 5 DANCE CLASSES): BALLET & TAP

Class	Day	Time	Instructor	Studio	Class length
CREATIVE MOVEMENT: Age 2	Tuesday	9:30 AM	Alexa	Studio 1	30 minutes
CREATIVE MOVEMENT: Age 2	Saturday	9:00 AM	Rachel	Studio 2	30 minutes
CREATIVE MOVEMENT: Age 2	Saturday	9:30 AM	Rachel	Studio 2	30 minutes
CREATIVE MOVEMENT: Ages 2 & 3	Monday	9:30 AM	Kathy	Studio 1	30 minutes
PRE BALLET 1: Ages 3 & 4	Saturday	10:45 AM	Rachael	Studio 2	45 minutes
PRE BALLET/TAP 1: Ages 3 & 4	Monday	10:00 AM	Kathy	Studio 1	45 minutes
PRE BALLET/TAP 1: Ages 3 & 4	Tuesday	10:00 AM	Alexa	Studio 1	45 minutes
PRE BALLET/TAP 1: Ages 3 & 4	Wednesday	3:15 PM	Katy	Studio 3	45 minutes
PRE BALLET/TAP 1: Ages 3 & 4	Thursday	10:00 AM	Kathy	Studio 1	45 minutes
PRE BALLET/TAP 1: Ages 3 & 4	Thursday	11:00 AM	Kathy	Studio 1	45 minutes
PRE BALLET/TAP 1: Ages 3 & 4	Saturday	10:00 AM	Rachel	Studio 2	45 minutes
PRE BALLET/TAP 2: Ages 4 & 5	Monday	4:00 PM	Connie	Studio 1	60 minutes
PRE BALLET/TAP 2: Ages 4 & 5	Thursday	4:00 PM	Amanda	Studio 3	60 minutes
PRE BALLET/TAP 2: Ages 4 & 5	Saturday	11:30 AM	Rachel	Studio 2	60 minutes
KINDER BALLET/TAP: Ages 5 & 6	Wednesday	5:00 PM	Katy	Studio 3	60 minutes

KINDER DANCE CLASSES: BALLET - TAP - TINY POMS - POM/JAZZ - HIP HOP

Class	Day	Time	Instructor	Studio	Class length
KINDER BALLET/TAP: Ages 5 & 6	Wednesday	5:00 PM	Katy	Studio 3	60 minutes
KINDER HIP HOP: Ages 5 & 6	Wednesday	4:15 PM	Katy	Studio 3	45 minutes
KINDER HIP HOP: Ages 5 & 6	Friday	4:15 PM	Shilpa	Studio 1	45 minutes
POM/JAZZ I: Ages 4-6	Monday	10:45 AM	Kathy	Studio 1	60 minutes
POM/JAZZ I: Ages 4-6	Tuesday	4:15 PM	Annie	Studio 3	60 minutes
POM/JAZZ I: Ages 4-6	Tuesday	5:15 PM	Annie	Studio 3	60 minutes
POM/JAZZ I: Ages 4-6	Thursday	5:00 PM	Amanda	Studio 3	60 minutes
POM/JAZZ II: Ages 7-9	Monday	5:00 PM	Shilpa	Studio 3	60 minutes

BALLET CLASSES: 1ST GRADE through TEEN/ADULT; BEGINNING through ADVANCED

Class	Day	Time	Instructor	Studio	Class length
BALLET/TAP COMBO I: 1st-3rd grade	Saturday	9:00 AM	Kate S	Studio 1	60 minutes



2025 - 2026 Season Class Schedule

For pricing and online registration, visit www.josfootworkstudio.com

BALLET I: 1st-3rd grade	Wednesday	4:00 PM	Zada	Studio 2	60 minutes
BALLET IIA: 2nd - 5th grade	Wednesday	4:00 PM	Kristen	Studio 1	60 minutes
BALLET IIA: 2nd - 5th grade	Thursday	5:00 PM	Haley	Studio 2	60 minutes
BALLET IIB: Ages 10+	Wednesday	5:00 PM	Zada	Studio 2	60 minutes
BALLET IIB: Ages 10+	Thursday	4:00 PM	Haley	Studio 2	60 minutes
BALLET III: Ages 10+	Monday	7:00 PM	Katelyn	Studio 2	75 minutes
BALLET III: Ages 10+	Wednesday	6:00 PM	Zada	Studio 2	75 minutes
BEGINNING BALLET:* Teen/Adult <i>*Pre Pointe students add 15 min = 90 min class</i>	Thursday	7:30 PM	Haley	Studio 2	75 minutes
CONTINUING BALLET:* Teen/Adult <i>*Pre Pointe students add 15 min = 90 min class</i>	Saturday	11:30 AM	Jan	Studio 1	90 minutes
CONT/INT BALLET: Teen/Adult	Thursday	6:00 PM	Haley	Studio 2	90 minutes
INTERMEDIATE BALLET:* Teen/Adult <i>Second Ballet class required.</i>	Saturday	1:00 PM	Jan	Studio 1	90 minutes
PRE POINTE:* Ages 11-13 <i>*Must be taking either Beginning or Continuing Ballet.</i>	Thursday	8:45 PM	Haley	Studio 2	15 minutes
PRE POINTE:* Ages 11-13 <i>*Must be taking either Beginning or Continuing Ballet.</i>	Saturday	11:15 AM	Jan	Studio 1	15 minutes
POINTE:* Instructor Approval required <i>*Must be taking two Ballet classes a week and approved by Instructor.</i>	Saturday	2:30 PM	Jan	Studio 1	60 minutes

JAZZ & LYRICAL CLASSES: 1ST GRADE through TEEN/ADULT; BEGINNING through ADVANCED

Class	Day	Time	Instructor	Studio	Class length
JAZZ/TAP COMBO I/II: 1st - 4th grade	Monday	4:00 PM	Sequoia	Studio 2	60 minutes
JAZZ I: 1st - 3rd grade	Monday	4:00 PM	Shilpa	Studio 3	60 minutes
JAZZ IIA: 2nd - 4th grade	Monday	5:00 PM	Sequoia	Studio 2	60 minutes
JAZZ IIB: 4th - 7th grade	Wednesday	6:00 PM	Connie	Studio 1	60 minutes
JAZZ III: 5th - 7th grade	Tuesday	6:15 PM	Annie	Studio 3	60 minutes
JAZZ III: 5th - 7th grade	Wednesday	5:00 PM	Kristen	Studio 1	60 minutes
JAZZ III B: 5th - 7th grade	Saturday	11:00 AM	Annie	Studio 3	60 minutes
JAZZ IV: 7th grade and up	Thursday	6:00 PM	Courtney	Studio 3	75 minutes
CONT/INTERM JAZZ:* Teen/Adult <i>*Must be taking/required for Ballet class.</i>	Monday	6:00 PM	Connie	Studio 1	75 minutes
INTERMEDIATE JAZZ:* Teen/Adult	Wednesday	6:00 PM	Katy	Studio 3	75 minutes



2025 - 2026 Season Class Schedule

For pricing and online registration, visit www.josfootworkstudio.com

* Must take Jazz Technique II or be taking required for Ballet class.

INTERM/ADVANCED JAZZ:* Teen/Adult	Monday	7:15 PM	Connie	Studio 1	90 minutes
--	--------	---------	--------	----------	------------

* Must take Jazz Technique II or be taking required for Ballet class.

JAZZ TECHNIQUE I:* Ages 10 & up	Tuesday	7:00 PM	Courtney	Studio 2	60 minutes
--	---------	---------	----------	----------	------------

* Jazz III+ levels: Must be taking a Ballet class

JAZZ TECHNIQUE II:* Int. Jazz & up	Thursday	7:45 PM	Jay	Studio 1	90 minutes
---	----------	---------	-----	----------	------------

* Int/Adv Jazz levels: Must be taking a Ballet class

LYRICAL II:* 5th - 8th grade	Monday	6:00 PM	Katelyn	Studio 2	60 minutes
-------------------------------------	--------	---------	---------	----------	------------

* Required: Must take Jazz or Ballet class

LYRICAL II:* 5th - 8th grade	Wednesday	7:15 PM	Connie	Studio 1	60 minutes
-------------------------------------	-----------	---------	--------	----------	------------

* Required: Must take Jazz or Ballet class

LYRICAL B:* Teen/Adult	Monday	8:45 PM	Connie	Studio 1	75 minutes
-------------------------------	--------	---------	--------	----------	------------

* Per instructor evaluation

LYRICAL A:* Teen/Adult	Monday	5:00 PM	Connie	Studio 1	60 minutes
-------------------------------	--------	---------	--------	----------	------------

* Student must be in and taking Jazz level V or higher

ALL STAR POMS: AGES 4-9

Class	Day	Time	Instructor	Studio	Class length
-------	-----	------	------------	--------	--------------

POM/JAZZ I: Ages 4 - 6	Monday	10:45 AM	Kathy	Studio 1	60 minutes
-------------------------------	--------	----------	-------	----------	------------

POM/JAZZ I: Ages 4 - 6	Tuesday	4:15 PM	Annie	Studio 3	60 minutes
-------------------------------	---------	---------	-------	----------	------------

POM/JAZZ I: Ages 4 - 6	Tuesday	5:15 PM	Annie	Studio 3	60 minutes
-------------------------------	---------	---------	-------	----------	------------

POM/JAZZ I: Ages 4 - 6	Thursday	5:00 PM	Amanda	Studio 3	60 minutes
-------------------------------	----------	---------	--------	----------	------------

POM/JAZZ II: Ages 7 - 9	Monday	5:00 PM	Shilpa	Studio 3	60 minutes
--------------------------------	--------	---------	--------	----------	------------

YOUTH POMS: Ages 10 - 12	Thursday	7:15 PM	Courtney	Studio 3	60 minutes
---------------------------------	----------	---------	----------	----------	------------

ALL STAR POMS: AGES 10 - TEEN

Class	Day	Time	Instructor	Studio	Class length
-------	-----	------	------------	--------	--------------

SENIOR ALL STAR POMS:* Ages 13 & up	Thursday	6:00 PM	Annie	Studio 4	60 minutes
--	----------	---------	-------	----------	------------

* Must be taking Jazz, Ballet OR Lyrical & per instructor evaluation

JUNIOR ALL STAR POMS:* Ages 10-13	Tuesday	6:00 PM	Courtney	Studio 2	60 minutes
--	---------	---------	----------	----------	------------

* Must take Youth Poms before taking Jr Poms

HIP HOP CLASSES: AGES 5 THROUGH TEEN/ADULT

Class	Day	Time	Instructor	Studio	Class length
-------	-----	------	------------	--------	--------------

KINDER HIP HOP: Ages 5 & 6	Wednesday	4:15 PM	Katy	Studio 3	45 minutes
---------------------------------------	-----------	---------	------	----------	------------

KINDER HIP HOP: Ages 5 & 6	Friday	4:15 PM	Shilpa	Studio 1	45 minutes
---------------------------------------	--------	---------	--------	----------	------------

JUNIOR HIP HOP I: 1st - 2nd grade	Wednesday	4:00 PM	Nathali	Studio 4	60 minutes
--	-----------	---------	---------	----------	------------



2025 - 2026 Season Class Schedule

For pricing and online registration, visit www.josfootworkstudio.com

JUNIOR HIP HOP II: 2nd - 4th grade	Wednesday	5:00 PM	Nathali	Studio 4	60 minutes
HIP HOP I: 3rd - 5th grade	Wednesday	6:00 PM	Nathali	Studio 4	60 minutes
HIP HOP II: 6th grade & up	Wednesday	7:00 PM	Nathali	Studio 4	60 minutes
HIP HOP III: Teen/Adult	Wednesday	8:00 PM	Nathali	Studio 4	75 minutes

TAP CLASSES: KINDER THROUGH TEEN/ADULT, BEGINNING THROUGH ADVANCED

Class	Day	Time	Instructor	Studio	Class length
BALLET/TAP COMBO I: 1st - 3rd grade	Saturday	9:00 AM	Kate S	Studio 1	60 minutes
JAZZ/TAP COMBO I/II: 1st - 4th grade	Monday	4:00 PM	Sequoia	Studio 2	60 minutes
TAP I/IIA: 1st - 4th grade	Thursday	4:00 PM	Jay	Studio 1	60 minutes
TAP IIB: 2nd - 5th grade	Thursday	5:15 PM	Jay	Studio 1	60 minutes
TAP III: 5th - 7th grade	Tuesday	5:00 PM	Jay	Studio 1	60 minutes
BEGINNING TAP: Teen/Adult	Thursday	8:15 PM	Courtney	Studio 3	60 minutes
CONTINUING TAP: Teen/Adult	Tuesday	6:00 PM	Jay	Studio 1	60 minutes
CONT/INTERM TAP: Teen/Adult	Thursday	6:15 PM	Jay	Studio 1	75 minutes
TAP TECHNIQUE II: Int +	Tuesday	7:00 PM	Jay	Studio 1	60 minutes
ADVANCED TAP:* Teen/ Adult	Tuesday	8:00 PM	Jay	Studio 1	90 minutes
* Must also take Tap Technique II					

PERFORMANCE COMPANY

Class	Day	Time	Instructor	Studio	Class length
MINI ENSEMBLE I - <i>Company. Members class</i>	Tuesday	4:00 PM	Courtney	Studio 2	60 minutes
MINI ENSEMBLE II - <i>Company. Members class</i>	Tuesday	5:00 PM	Courtney	Studio 2	60 minutes
FOOTWORK ELITE SILVER TEAM: <i>Team class</i>	Tuesday	7:15 PM	Annie	Studio 3	75 minutes
* Dance Team practice on Sundays					
FOOTWORK ELITE TEAL TEAM: <i>Team class</i>	Thursday	7:00 PM	Annie	Studio 4	75 minutes
* Dance Team practice on Sundays					
FOOTWORK ELITE DIAMOND TEAM: <i>Team class</i>	Wednesday	7:30 PM	Annie	Studio 2	75 minutes
FOOTWORK ELITE PLATINUM (COMP): <i>Team class</i>	Tuesday	8:30 PM	Annie	Studio 3	75 minutes
FOOTWORK ELITE PLATINUM (COMP): <i>Team class</i>	Saturday	1:15 PM	Annie	Studio 2	120 minutes
FOOTWORK ELITE CRYSTAL (COMP): <i>Team class</i>	Thursday	8:15 PM	Annie	Studio 4	75 minutes



2025 - 2026 Season Class Schedule

For pricing and online registration, visit www.josfootworkstudio.com

FOOTWORK ELITE CRYSTAL (COMP):					
Team class	Saturday	9:00 AM	Annie	Studio 3	120 minutes